

GLASGOW 2026 COMMONWEALTH GAMES **SESSION SCHEDULE**



SPORT/DISCIPLINE	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	23 JUL	24 JUL	25 JUL	26 JUL	27 JUL	28 JUL	29 JUL	30 JUL	31 JUL	01 AUG	02 AUG
Opening/Closing Ceremony	OC										CC
3x3 Basketball and 3x3 Wheelchair Basketball SEC Centre		10:00-13:30 14:30-18:00 19:00-21:30	10:00-13:30 14:30-18:00 19:00-21:30	11:30-15:45	11:30-15:45		11:30-15:30				
Artistic Gymnastics The Arena		10:00-15:30 17:30-21:00	10:00-14:00 15:45-20:30	12:00-15:30 18:00-21:00	13:00-17:30	13:00-17:30					
Athletics and Para Athletics (Track and Field) Scotstoun Stadium					10:00-13:30 18:30-21:45	10:00-12:45 18:30-21:45	10:00-13:30 18:30-21:45	10:00-13:30 18:30-21:45	10:00-14:30 18:30-22:00	10:00-14:00 18:30-22:00	
Bowls and Para Bowls SEC Centre		08:30 - 14:15 15:00 - 22:15	08:30 - 14:15 15:00 - 22:15	08:30 - 14:00 14:45 - 22:00	08:30 - 14:00 14:45 - 22:00	08:30 - 13:30 15:00 - 22:00	08:30 - 14:00 15:00 - 22:00	08:30 - 14:00 15:00 - 22:00	08:30 - 14:00 15:00 - 22:00	08:30 - 14:00 15:00 - 20:45	09:00 - 15:15
Boxing SEC Centre		11:00-14:15 18:00-20:45	11:00-16:00 18:00-21:00	11:00-16:00 18:00-21:45	11:00-15:00 18:00-22:00	12:00-15:30 18:00-21:30	12:00-15:30 18:00-21:30		10:30-12:30 14:30-17:00 19:00-21:30	11:00-14:30 16:30-20:00	
Judo SEC Centre									11:00-14:00 16:00-18:45	11:00-14:00 16:00-18:45	10:00-13:00 15:00-17:45
Netball The Hydro			09:00 - 12:30 14:00 - 17:30 19:00 - 22:30	09:00 - 12:30 14:00 - 17:30 19:00 - 22:30	14:00 - 17:30 19:00 - 22:30	14:00 - 17:30 19:00 - 22:30	14:00 - 17:30 19:00 - 22:30	14:00-17:30 19:00-22:30	09:00-12:30 14:00-17:30	09:00-12:30 13:00-15:00	09:00-11:00 13:00-15:00
Para Powerlifting SEC Armadillo		13:00 - 16:30 18:00 - 21:30									
Swimming and Para Swimming Tollcross International Swimming Centre		10:30-13:00 19:00-22:00	10:30-13:00 19:00-22:15	10:30-13:00 19:00-22:00	10:30-13:00 19:00-22:15	10:30-13:00 19:00-22:15	10:30-13:00 19:00-22:00				
Track Cycling and Para Track Cycling Sir Chris Hoy Velodrome								10:00 - 13:15 16:00 - 19:00	10:00-14:30 16:00-20:15	10:00-13:30 15:00-19:15	09:00-13:00 15:00-17:45
Weightlifting SEC Armadillo				09:30-12:00 14:00-16:30 18:30-21:00	09:00-11:30 13:00-17:45 20:00-22:30	09:30-12:00 14:00-16:30 18:30-21:00	09:30-12:00 14:00-16:30 18:30-21:00	09:30-12:00 14:00-16:30 18:30-21:00			

Medal Session