

# GLASGOW 2026 COMMONWEALTH GAMES *SESSION SCHEDULE*



SPORT/DISCIPLINE	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	23 JUL	24 JUL	25 JUL	26 JUL	27 JUL	28 JUL	29 JUL	30 JUL	31 JUL	01 AUG	02 AUG
<b>Opening/Closing Ceremony</b>	<b>OC</b>										<b>CC</b>
<b>3x3 Basketball and 3x3 Wheelchair Basketball</b>		10:00-13:30 14:30-18:00 19:00-21:30	10:00-13:30 14:30-18:00 19:00-21:30	11:30-15:45  17:00-21:15	11:30-15:45  17:00-21:15	  17:30-21:30	11:30-15:30  16:30-21:30				
<b>Artistic Gymnastics</b>		10:00-15:30  17:30-21:00	10:00-14:00  15:45-20:30	  18:00-21:00	12:00-15:30  13:00-17:30	13:00-17:30  13:00-17:30					
<b>Athletics and Para Athletics (Track and Field)</b>					10:00-13:30  18:30-21:45	10:00-12:45  18:30-21:45	10:00-13:30  18:30-21:45	10:00-13:30  18:30-21:45	10:00-14:30  18:30-22:00	10:00-14:00  18:30-22:00	
<b>Bowls and Para Bowls</b>		08:30 - 14:15  15:00 - 22:15	08:30 - 14:15  15:00 - 22:15	08:30 - 14:00  14:45 - 22:00	08:30 - 14:00  14:45 - 22:00	08:30 - 13:30  15:00 - 22:00	08:30 - 14:00  15:00 - 20:45	09:00 - 14:45			
<b>Boxing</b>		11:00-14:15  18:00-20:45	11:00-16:00  18:00-21:00	11:00-16:00  18:00-21:45	11:00-15:00  18:00-22:00	12:00-15:30  18:00-21:30	12:00-15:30  18:00-21:30		10:30-12:30 14:30-17:00 19:00-21:30	11:00-14:30 16:30-20:00	
<b>Judo</b>									11:00-14:00  16:00-18:45	11:00-14:00  16:00-18:45	10:00-13:00  15:00-17:45
<b>Netball</b>			09:00 - 12:30 14:00 - 17:30 19:00 - 22:30	09:00 - 12:30 14:00 - 17:30 19:00 - 22:30	14:00 - 17:30  19:00 - 22:30	14:00 - 17:30  19:00 - 22:30	14:00 - 17:30  19:00 - 22:30	14:00-17:30  19:00-22:30	14:00-17:30  19:00-22:30	13:00-15:00  19:00-22:30	09:00-11:00  13:00-15:00
<b>Para Powerlifting</b>		13:00 - 16:30 18:00 - 21:30									
<b>Swimming and Para Swimming</b>		10:30-13:00  19:00-22:00	10:30-13:00  19:00-22:15	10:30-13:00  19:00-22:00	10:30-13:00  19:00-22:15	10:30-13:00  19:00-22:15	10:30-13:00  19:00-22:00				
<b>Track Cycling and Para Track Cycling</b>								10:00 - 13:15  16:00 - 19:00	10:00-14:30  16:00-20:15	10:00-13:30  15:00-19:15	09:00-13:00  15:00-17:45
<b>Weightlifting</b>				09:30-12:00 14:00-16:30 18:30-21:00	09:00-13:45 15:30-17:45 20:00-22:15	09:30-12:00 14:00-16:30 18:30-21:00	09:30-12:00 14:00-16:30 18:30-21:00	09:30-12:00 14:00-16:30 18:30-21:00			

Medal Session

16 March 2026. Timings are local time. Correct at the time of publication. Information remains subject to change.