

GLASGOW 2026 COMMONWEALTH GAMES

SESSION SCHEDULE



SPORT/DISCIPLINE	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	23 JUL	24 JUL	25 JUL	26 JUL	27 JUL	28 JUL	29 JUL	30 JUL	31 JUL	01 AUG	02 AUG
Opening/Closing Ceremony	OC										CC
 3x3 Basketball and 3x3 Wheelchair Basketball		10:00-13:30	10:00-13:30	11:30-15:45	11:30-15:45		11:30-15:30				
		14:30-18:00	14:30-18:00								
		19:00-21:30	19:00-21:30	17:00-21:15	17:00-21:15	17:30-21:30	16:30-21:30				
 Artistic Gymnastics		10:00-15:30	10:00-14:00								
				12:00-15:30	13:00-17:30	13:00-17:30					
		17:30-21:00	15:45-20:30	18:00-21:00							
 Athletics and Para Athletics (Track and Field)					10:00-13:30	10:00-12:45	10:00-13:30	10:00-13:30	10:00-14:30	10:00-14:00	
					18:30-21:45	18:30-21:45	18:30-21:45	18:30-21:45	18:30-22:00	18:30-22:00	
 Bowls and Para Bowls		08:30 - 14:15	08:30 - 14:15	08:30 - 14:00	08:30 - 14:00	08:30 - 13:30	08:30 - 14:00	08:30 - 14:00	08:30 - 14:00	08:30 - 14:00	09:00 - 14:45
		15:00 - 22:15	15:00 - 22:15	14:45 - 22:00	14:45 - 22:00	15:00 - 22:00	15:00 - 22:00	15:00 - 22:00	15:00 - 22:00	15:00 - 20:45	
 Boxing									10:30-13:00	10:30-14:00	
		12:00-15:00	12:00-15:00	12:00-15:00	12:00-15:00	12:00-15:30	12:00-15:30		14:30-17:00	16:00-19:30	
		18:00-21:00	18:00-21:00	18:00-21:00	18:00-21:00	18:00-21:30	18:00-21:30		19:00-21:00		
 Judo									11:00-14:00	11:00-14:00	10:00-13:00
									16:00-18:45	16:00-18:45	15:00-17:45
 Netball			09:00 - 12:30	09:00 - 12:30				09:00-12:30	09:00-12:30	09:00-11:00	09:00-11:00
			14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00-17:30	14:00-17:30	13:00-15:00	13:00-15:00
			19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00-22:30			
 Para Powerlifting		13:00 - 16:00									
		18:00 - 21:00									
 Swimming and Para Swimming		10:30-13:00	10:30-13:00	10:30-13:00	10:30-13:00	10:30-13:00	10:30-13:00				
		19:00-22:00	19:00-22:15	19:00-22:00	19:00-22:15	19:00-22:15	19:00-22:00				
 Track Cycling and Para Track Cycling								10:00 - 13:15	10:00-14:30	10:00-13:30	09:00-12:00
								16:00 - 19:00	16:00-20:15	15:00-19:15	13:30-17:30
 Weightlifting				09:30-12:00	09:00-13:45	09:30-12:00	09:30-12:00	09:30-12:00			
				14:00-16:30	15:30-17:45	14:00-16:30	14:00-16:30	14:00-16:30			
				18:30-21:00	20:00-22:15	18:30-21:00	18:30-21:00	18:30-21:00			

 Medal Session

31 July 2025 Timings are local time. Correct at the time of publication. Information remains subject to change.