

06/08/2023		07/08/2023		08/08/2023		09/08/2023	
Sunday		Monday		Tuesday		Wednesday	
Session 1 - Heats		Session 3 - Heats		Session 5 - Heats		Session 7 - Heats	
Day of Meet: 1 Starts at 10:00 Heat Interval: 60 Seconds		Day of Meet: 2 Starts at 10:00 Heat Interval: 60 Seconds		Day of Meet: 3 Starts at 10:00 Heat Interval: 60 Seconds		Day of Meet: 4 Starts at 10:00 Heat Interval: 60 Seconds	
Round Entries Heats Starts at Event	H	Round Entries Heats Starts at Event	H	Round Entries Heats Starts atEvent	H	Round Entries Heats Starts atEvent	H
Prelims 1 Women 50 Butterfly	6 10:00	Prelims 10 Women 400 IM	2 10:00	Prelims 19 Women 100 Breaststroke	4 10:00	Prelims 29 Women 200 IM	4 10:00
Prelims 2 Men 50 Butterfly	5 10:12	Prelims 11 Men 400 IM	3 10:14	Prelims 20 Men 100 Breaststroke	2 10:16	Prelims 30 Men 200 IM	4 10:20
Prelims 3 Women 200 Freestyle	4 10:24	Prelims 12 Women 50 Backstroke	6 10:35	Prelims 21 Women 400 Freestyle	3 10:24	Prelims 31 Women 50 Freestyle	8 10:40
Prelims 4 Men 200 Freestyle	6 10:40	Prelims 13 Men 50 Backstroke	5 10:50	Prelims 22 Men 400 Freestyle	4 10:42	Prelims 32 Men 50 Freestyle	8 10:56
Prelims 5 Women 100 Backstroke	4 11:04	Prelims 14 Women 100 Freestyle	6 11:00	Prelims 23 Women 100 Butterfly	4 11:10	Prelims 33 Women 200 Butterfly	2 11:12
Prelims 6 Men 100 Backstroke	4 11:20	Prelims 15 Men 100 Freestyle	7 11:24	Prelims 24 Men 100 Butterfly	4 11:25	Prelims 34 Men 200 Butterfly	2 11:24
Prelims 7 Women 200 Breaststroke	3 11:36	Prelims 16 Women 50 Breaststroke	4 11:50	Prelims 25 Women 200 Backstroke	3 11:40	Prelims 35 Mixed 4 x 100 Medley Relay	3 11:36
Prelims 8 Men 200 Breaststroke	2 11:55	Prelims 17 Men 50 Breaststroke	3 12:00	Prelims 26 Men 200 Backstroke	3 11:55		11:45
Timed Finals 9 Men 1500 Freestyle Slowest Final	1 12:05	Prelims 18 Mixed 4 x 200 Freestyle Relay	2 12:10	Prelims 27 Mixed 4 x 100 Freestyle Relay	2 12:10		
	12:25		12:30		12:20		
Finish Time: _____ 12:25pm		Finish Time: _____ 12:30 PM		Finish Time _____ 12:20 PM		Finish Time _____ 11:45 AM	
Session 2 - Finals		Session 4 - Finals		Session 6 - Finals		Session 8 - Finals	
Day of Meet: 1 Starts at 18:00 Heat Interval: 120 Seconds		Day of Meet: 2 Starts at 18:00 Heat Interval: 120 Seconds		Day of Meet: 3 Starts at 18:00 Heat Interval: 120 Seconds		Day of Meet: 4 Starts at 18:00 Heat Interval: 120 Seconds	
Finals 1 Women 50 Butterfly	18:00	Finals 10 Women 400 IM	18:00	Finals 19 Women 100 Breaststroke	18:00	Timed Finals 28 Women 800 Freestyle	1 18:00
Finals 2 Men 50 Butterfly	18:03	Finals 11 Men 400 IM	18:08	Finals 20 Men 100 Breaststroke	18:05	Finals 29 Women 200 IM	18:12
Finals 3 Women 200 Freestyle	18:06	Finals 12 Women 50 Backstroke	18:16	Finals 21 Women 400 Freestyle	18:10	Finals 30 Men 200 IM	18:17
Finals 4 Men 200 Freestyle	18:12	Finals 13 Men 50 Backstroke	18:19	Finals 22 Men 400 Freestyle	18:18		
Break: 12 Minutes: Awards W&M 50 Butterfly	18:18	Break: 12 Minutes: Awards W&M 400IM	18:22	Break: 12 Minutes: Awards W&M 100 Breaststroke	18:26	Break: 10 Minutes: Awards W 800 Freestyle	18:22
						Finals 31 Women 50 Freestyle	18:32
Finals 5 Women 100 Backstroke	18:30	Finals 14 Women 100 Freestyle	18:34	Finals 23 Women 100 Butterfly	18:38	Finals 32 Men 50 Freestyle	18:35
Finals 6 Men 100 Backstroke	18:35	Finals 15 Men 100 Freestyle	18:39	Finals 24 Men 100 Butterfly	18:43		
Break: 12 Minutes: Awards W&M 200 Freestyle	18:40	Break: 12 Minutes: Awards W&M 50 Backstroke	18:44	Break: 12 Minutes: Awards W&M 400 Freestyle	18:48	Break: 12 Minutes: Awards W&M 200 IM	18:40
						Finals 33 Women 200 Butterfly	18:52
Finals 7 Women 200 Breaststroke	18:52	Finals 16 Women 50 Breaststroke	18:56	Finals 25 Women 200 Backstroke	19:00	Finals 34 Men 200 Butterfly	18:58
Finals 8 Men 200 Breaststroke	18:56	Finals 17 Men 50 Breaststroke	19:00	Finals 26 Men 200 Backstroke	19:06		
Break: 12 Minutes: Awards W&M 100 Backstroke	19:00	Break: 12 Minutes: Awards W&M 100 Freestyle	19:04	Break: 12 Minutes: Awards W&M 100 Butterfly	19:12	Break: 12 Minutes: Awards W&M 50 Freestyle	19:04
						Finals 35 Mixed 4X100 Medley Relay	19:16
Timed Finals 9 Men 1500 Freestyle Fastest Final	1 19:12	Finals 18 Mixed 4X200 Freestyle Relay	19:16	Finals 27 Mixed 4X100 Freestyle Relay	19:24		
Break: 16 Minutes: Awards W&M 200 Breaststroke	19:30	Break: 18 Minutes: Awards W&M 50 Breaststroke	19:28	Break: 18 Minutes: Awards W&M 200 Backstroke	19:30	Break: 18 Minutes: Awards W&M 200 Butterfly	19:26
Awards M 1500 Freestyle		Awards Mixed 4x200 Freestyle Relay		Awards Mixed 4 x 100 Freestyle Relay		Awards Mixed 4x100 Medley Relay	
Finish Time: _____ 19:46 PM		Finish Time: _____ 19:50 PM		Finish Time _____ 19:48PM		Finish Time _____ 19:44 PM	

Please note that competition schedule timings remain subject to change until the close of the Swimming Technical Meeting