

SCHOOL FESTIVAL



WRITING A WINNER'S SPEECH

Think of a time when you worked really hard for something and then you received a reward. Can you remember what sort of emotions you felt?

For example, revising hard for a test then getting a good score!

Athletes – case study

Athletes train very hard to be at the very top of their game.

They often have to wake up very early, do lots of physical exercise, eat certain foods and miss out on things like parties because they are training or away at competitions. It can be tough to be a top athlete and it is a lot of hard work!

However, the rewards can be huge!

Athletes can win money, sponsorship deals (such as 'free' clothing and sporting equipment) and of course medals! They can be seen as national heroes in their own nation and their families, friends and the whole nation, or even the whole world may be proud of them and their achievements!

1

Write down the emotions you would be feeling if you were an athlete who had just won a medal, or performed really well at the Birmingham 2022 Commonwealth Games.

Example: proud

■ _____	■ _____
■ _____	■ _____
■ _____	

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Athletes are often interviewed after winning an event and give a speech where they thank people who have helped them.

2

Write down ideas about how different people may have helped an athlete reach their goals.

Example: Nutritionist/cook – for making them healthy food to keep their energy levels up

- **Coach**
- **Family member**
- **Manager**
- **Agent**
- **Medical staff**

Can you add 2 of your own ideas?

- _____
- _____

3

Pretend you are an athlete who has just done really well in an event. Use the words and ideas in this worksheet to write your own Winner's Speech.

- Your speech only needs to be a minute or two long.
- Make sure to use empathy (this means to 'put yourself in someone else's shoes') and emotive language to write your speech.