



Trinbago 2023 Commonwealth Youth Games

Competition Schedule - Athletics & Para Athletics



| 2023-08-07 |                      |        |                | 2023-08-08 |                      |        |                | 2023-08-09 |               |        |                | 2023-08-10 |               |        |                |
|------------|----------------------|--------|----------------|------------|----------------------|--------|----------------|------------|---------------|--------|----------------|------------|---------------|--------|----------------|
| Monday     |                      |        |                | Tuesday    |                      |        |                | Wednesday  |               |        |                | Thursday   |               |        |                |
| Time       | Event                | Gender | Event Type     | Time       | Event                | Gender | Event Type     | Time       | Event         | Gender | Event Type     | Time       | Event         | Gender | Event Type     |
| 09:00      | 100m                 | FEMALE | HEATS          |            |                      |        |                |            |               |        |                |            |               |        |                |
| 09:30      | 100m                 | MALE   | HEATS          |            |                      |        |                |            |               |        |                |            |               |        |                |
| 10:10      | 400m                 | FEMALE | HEATS          |            |                      |        |                |            |               |        |                |            |               |        |                |
| 10:40      | 400m                 | MALE   | HEATS          |            |                      |        |                |            |               |        |                |            |               |        |                |
| 11:15      | 100m T38             | FEMALE | HEATS          |            |                      |        |                |            |               |        |                |            |               |        |                |
| 11:25      | 100m T38             | MALE   | HEATS          |            |                      |        |                |            |               |        |                |            |               |        |                |
|            |                      |        |                |            |                      |        |                |            |               |        |                |            |               |        |                |
| 16:00      | DISCUS               | MALE   | FINAL          | 16:00      | DISCUS               | FEMALE | FINAL          | 16:00      | HIGH JUMP     | MALE   | FINAL          | 16:00      | HIGH JUMP     | FEMALE | FINAL          |
| 16:05      | 100m                 | FEMALE | SEMIS          | 16:05      | 400mH                | FEMALE | HEATS          | 16:05      | 200m          | FEMALE | HEATS          | 16:05      | 800m          | FEMALE | FINAL          |
| 16:20      | 100m                 | MALE   | SEMIS          | 16:20      | 400mH                | MALE   | HEATS          | 16:35      | 200m          | MALE   | HEATS          | 16:15      | 800m          | MALE   | FINAL          |
| 16:35      | LONG JUMP            | FEMALE | FINAL          | 16:35      | LONG JUMP            | MALE   | FINAL          | 17:05      | JAVELIN       | FEMALE | FINAL          | 16:25      | JAVELIN       | MALE   | FINAL          |
| 16:45      | 1500m                | FEMALE | HEATS          | 16:50      | 1500m                | FEMALE | FINAL          | 17:15      | 400m HURDLES  | FEMALE | FINAL          | 16:35      | 200m          | FEMALE | FINAL          |
| 17:05      | 1500m                | MALE   | HEATS          | 17:05      | 1500m                | MALE   | FINAL          | 17:25      | 400m HURDLES  | MALE   | FINAL          | 16:45      | 200m          | MALE   | FINAL          |
| 17:25      | SHOT                 | FEMALE | FINAL          | 17:20      | SHOT                 | MALE   | FINAL          | 17:40      | 800m          | FEMALE | HEATS          | 16:55      | LONG JUMP T38 | MALE   | FINAL          |
| 17:35      | 400m                 | FEMALE | SEMIS          | 17:30      | 110m HURDLES         | MALE   | SEMIS          | 18:00      | 800m          | MALE   | HEATS          | 17:05      | 3000m         | FEMALE | FINAL          |
| 17:50      | 400m                 | MALE   | SEMIS          | 17:50      | 100m HURDLES         | FEMALE | SEMIS          | 18:20      | LONG JUMP T38 | FEMALE | FINAL          | 17:25      | 3000m         | MALE   | FINAL          |
| 18:10      | DISCUS F42-44/F61-64 | FEMALE | FINAL          | 18:10      | DISCUS F42-44/F61-64 | MALE   | FINAL          | 18:30      | 200m          | FEMALE | SEMIS          | 17:40      | 800m          | MALE   | Medal Ceremony |
| 18:15      | DISCUS               | MALE   | Medal Ceremony | 18:15      | DISCUS               | FEMALE | Medal Ceremony | 18:45      | 200m          | MALE   | SEMIS          | 17:48      | 800m          | MALE   | Medal Ceremony |
| 18:23      | LONG JUMP            | FEMALE | Medal Ceremony | 18:23      | LONG JUMP            | MALE   | Medal Ceremony | 19:00      | 400m HURDLES  | FEMALE | Medal Ceremony | 17:56      | 3000m         | FEMALE | Medal Ceremony |
| 18:35      | 100m T38             | FEMALE | FINAL          | 18:35      | 4 X 100m             | MIXED  | HEATS          | 19:08      | 400m HURDLES  | MALE   | Medal Ceremony | 18:04      | 3000m         | MALE   | Medal Ceremony |
| 18:45      | 100m T38             | MALE   | FINAL          | 18:50      | 400m                 | FEMALE | FINAL          | 19:20      | 100m HURDLES  | FEMALE | FINAL          | 18:15      | 4 X 100m      | MIXED  | FINAL          |
| 18:55      | 100m                 | FEMALE | FINAL          | 19:00      | 400m                 | MALE   | FINAL          | 19:30      | 110m HURDLES  | MALE   | FINAL          | 18:30      | 4 X 400m      | MIXED  | FINAL          |
| 19:05      | 100m                 | MALE   | FINAL          |            |                      | FEMALE | Medal Ceremony | 19:40      | HIGH JUMP     | MALE   | Medal Ceremony | 18:40      | HIGH JUMP     | FEMALE | Medal Ceremony |
| 19:10      | SHOT                 | FEMALE | Medal Ceremony | 19:10      | 1500m                | MALE   | Medal Ceremony | 19:48      | JAVELIN       | FEMALE | Medal Ceremony | 18:48      | LONG JUMP T38 | MALE   | Medal Ceremony |
| 19:18      | DISCUS F42-44/F61-64 | FEMALE | Medal Ceremony | 19:18      | 1500m                | MALE   | Medal Ceremony | 19:56      | LONG JUMP T38 | FEMALE | Medal Ceremony | 18:56      | JAVELIN       | MALE   | Medal Ceremony |
| 19:26      | 100m T38             | FEMALE | Medal Ceremony | 19:26      | SHOT                 | MALE   | Medal Ceremony | 20:04      | 100m HURDLES  | FEMALE | Medal Ceremony | 19:04      | 200m          | FEMALE | Medal Ceremony |
| 19:34      | 100m T38             | MALE   | Medal Ceremony | 19:34      | DISCUS F42-44/F61-64 | FEMALE | Medal Ceremony | 20:12      | 110m HURDLES  | MALE   | Medal Ceremony | 19:12      | 200m          | MALE   | Medal Ceremony |
| 19:42      | 100m                 | FEMALE | Medal Ceremony | 19:42      | 400m                 | MALE   | Medal Ceremony | 20:20      | 4 X 400m      | MIXED  | HEATS          | 19:20      | 4 X 100m      | MIXED  | Medal Ceremony |
| 19:50      | 100m                 | MALE   | Medal Ceremony | 19:50      | 400m                 |        |                |            |               |        |                | 19:28      | 4 X 400m      | MIXED  | Medal Ceremony |

Competition Schedule timings are subject to change based on final entry numbers per event